

DEMETRA

LONE MIGRATION

www.headinthesand.ca/demetra



A Southern Manitoba soul that fell in love with the North, Demetra is rich with experience. Visual artist, yogi, musician and world traveller, she has studied yoga on Thai islands, hung art in Austrian galleries and played songs for tourists and polar bears in Churchill.

Grounding herself in Winnipeg, Manitoba for short stints, Demetra has performed at a handful of folk festivals and contributed to the Record of the Week Club. More recently, she committed her music to tape with the help of Andrew Braun (Rococode, Hannah Georgas), Paul Bergman, Matt Peters (Royal Canoe, The Waking Eyes) and a guest appearance by Inuit throat singer Nikki Komaksiutiksak - who you may recognize from the ROTW Club single Keewatin Arctic w/ John K Samson.

The result is Lone Migration – an exploration of her experiences rooted deep in personal images of the icy tundra and the endless Arctic Sea. Produced and recorded by Matt Peters, the album is as sonically sparse and spacious as the Northern home it was birthed in. And it is all anchored around Demetra's soaring, intimate voice – crossing snowy plains and spinning words about broken hearts, ice maidens, icy spirits and surviving in the wild.

Demetra has opened a sold out concert for Hawksley Workman for the Winnipeg Folk Festival. She was commissioned by the West End Cultural Centre to collaborate with filmmaker Cecilia Araneda on a film and music production. And her work has been celebrated in the Made In Manitoba series.

Head In The Sand is a Winnipeg-based label run by Les Jupes' Michael P. Falk. They won Independent Label Of The Year at the 2011 WCMA's and are building a prairie fire using the embers forged by good friends collaborating.



LONE MIGRATION

- 1 | Emergency Exit
- 2 | I Am Written
- 3 | Hey Stranger
- 4 | Forgiving Field
- 5 | Maiden of Ice
- 6 | Wreck of Abandon
- 7 | Lone Migration
- 8 | Hunt and Gather
- 9 | The Letting Go
- 10 | Arctic Sea
- 11 | Hold Me Close



HEAD IN THE SAND RECORDS

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